

PARENTS

Please do the following daily before sending your child to school:



Reinforce Health Hygiene Practices with your children which include:

- Proper Handwashing for at least 20 seconds with warm water and soap (Before eating, after using the bathroom, after blowing your nose, coughing or sneezing, if hands are visibly dirty, and when returning home)
- Use hand sanitizer with at least 60% alcohol if soap and water aren't available
- Do not touch your face with unwashed hands
- Sneeze into your sleeve
- Take child's temperature, when possible (should be below 100 Fahrenheit)

STAY HOME WHEN SICK

KEEP YOUR CHILD HOME

- Fever 100.4 F or higher
- Shortness of breath or difficulty breathing
- Sore Throat
- Muscle Aches and Pains
- Cough (not related to asthma)
- New loss of taste or smell

Student may return to school after illness if:

- Fever free without the use of fever reducing medications for 24 hours, unless diagnosed with COVID-19
- Other symptoms have improved (for example cough or shortness of breath have improved) unless diagnosed with COVID-19
- If your child has tested positive for COVID-19, follow directions of your health care provider